

Investigating The Role Of Homeopathy In Managing Pcos Through A Retrospective Analysis With Miasmatic Considerations

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Abstract

Polycystic ovarian syndrome is a communal endocrinopathy, categorized by oligo-ovulation or anovulation, marks of androgen superfluous in addition to manifold trifling ovarian growths. The malady can exist by morphological polycystic ovaries or primarily to clinical hallmark of hyperandrogenemia which grounds the reticence of follicular expansion, micro cystic ovaries besides through the menstrual vagaries. Polycystic ovarian syndrome designated as vogueishly interfacing the figure of heritable and environmental elements which determine the assorted irrefutable. In Homeopathy, the entire signs dint of formal and particularly longsuffering cases reprocessed the cure of disease. By procurement of each case symptom are spawned, evaluated and transformed into rubrics. The Miasm correlated to apiece rubric was initiate thru the miasmatic allusion and repertorizations was accomplished. The remedy which enclose the concentrated rubrics was nominated and miasmatic treatment given in this study, substantiated the homoeopathy devours a probable exploit in treating polycystic ovarian syndrome with accurate medley of similimum and attested to incite the unhinged vigour of patients, with Psoric Miasm which originally fetches about functional modifications tracked by engrossment of Sycoitic Miasm which central to cystic and deteriorating alterations in ovary.

Key Words: Homoeopathy, Hyperandrogenism, Miasm, Polycystic Ovarian Disease, Psora

Introduction

Polycystic ovarian syndrome (PCOS) is a disorder in which the ovaries crop an uncharacteristic aggregate of androgens, male sex hormones that are generally existent in women with trifling volumes of ovary ^[1]. The appellation of Polycystic ovarian syndrome labels the frequent minor nodules arrangement in the ovaries. Females with Polycystic ovarian syndrome habitually partake in elevation of androgens ^[2], additional glitches through a woman's menstrual sequence. The meticulous source of Polycystic ovarian syndrome is not unblemished. Many women with Polycystic ovarian syndrome have insulin conflict Insulin altitudes dimensions of physique and androgen echelons. ^[3] Obesity can also upsurge insulin stages and sort the warning sign eviler. The quantifiable landscapes are oligo menorrhagia, amenorrhagia, episodic menometrorrhagia per anemia, crucial stoutness (BMI >30kg/cm), infertility, hirsutism, acne, seborrhea, acanthosis nigricans, Hair- An- syndrome regarded by dint of hyper androgenism.

Insulin confrontation augmented in first trimester central the miscarriage, androgenic alopecia, amplified lethal hair progression in edifices midline of comprising around face, neck, and abdomen. ^[4] Former indications entail the enervation or lack of mental alertness, sleep apnea or undue snoring., thyroid hitches., covering tags or miniscule flaps of skin in armpits or neck range, midscale agony specifying ovulation owing to widening and impasse the ovarian surface. ^[1] Psychological difficulties like emotional disputes comprising bipolar turmoil and gorging issue moreover transpire the frequency of Polycystic ovarian syndrome. ^[2]

Hahnemann recognized, the airborne might convey contagious ailments nevertheless the pathogenic substantial to be vaporous in flora, had comprehended as syphilis ^[5] remained as infective plasma sickness may perhaps disguise warning sign of voluminous dissimilar sickness. ^[6] Miasmatic advocating as imperceptible, vigorous,

disease turn out potentially entitled as fundamental cause of all-natural diseases^[7]. It's vital and effectual source of all illness crafts the hindrances in practice of therapy.^[8] Hahnemann documented three miasm, which baptized as Psora, Sycosis, Syphilis^[9]. Hahnemann's miasmatic philosophy federates with designed life-long chronic diseases bestowing to the Chronic Miasm, rendering to corporal and psychological temperament of an individual^[10].

Materials And Methods

An over-all integer of 10 cases screened hoary as between 15 to 30 years for the study. The analysis stayed through on origin of solid clinical management, investigation wherever obligatory. Cases with manifestations of Polycystic ovarian syndrome existed arbitrarily encompassed in the study. Information of patients interrogating with the patients and subsequent clinical examination, verified in standardized case record, managed as per the guidelines amended in the standardized case record of SKHMCH. A totality of symptoms initiated respectively, enchanting in reflection of disposition with assessment of consistent the philosophies in Homoeopathy. Remedies was nominated for each cases after denoting to Homeopathic Materia Medica and various Repertories. After ensuing the implications were drawn by exploration of consequence with the dispersal indications are shown in table:1.

The Homoeopathy contributes the individualization of patient with precedence. In aphorism 78, the chronic diseases, arises from chronic Miasm are furthestmost abundant and extreme persecutors of human race, the midribs physically anlage the rudimentary origin of an organism with greatest structured lifestyle, and the maximum vigorous dynamism of life spot to exterminate them.^[11] It is imperative to admit the circumstance of existing the human being categorized by miasmatic intonation over materialize. The miasmatic classification of PCOS symptoms are shown in Table 1. After analysing the cases founded on medical staging such as fatness, menstrual irregularities, oligo menorrhoea, amenorrhoea or DUB, sterility, hirsutism, acne, copious pigmentation, are patented to insulin conflict are persistently imperturbable marks designed at cast off Repertory.^[12]

Table: 1 Distribution of symptoms according to the miasmatic analysis.

Psora	Sycosis	Syphilis
Functional disturbance of ovaries and uterus Scanty menses, amenorrhea Retarded menses of short duration Weakness before menses Amelioration warmth Aggravation cold Dysmenorrhea with sharp pains Face has dry, itching pimple and simple acne Bland and scanty discharge	Tumor formation of ovaries and fallopian tube, Polycystic disease of the ovaries Menses has the odor of fish- brine, and stain of the menstrual blood is difficult to wash off. Spasmodic, colicky and paroxysmal pains. Infertility Hyperpigmentation of the skin, and melanomas, oily skin Clotted, profuse menses.	Aggravation night, summer, warmth Profuse menstrual flow, acrid and offensive, menstruation Metallic odor, irregular periods Body pains and lumbago Acrid, putrid and offensive Possible failure to discharge the ovum at ovulation resulting in infertility Depigmentation of the skin

Results And Discussion

Convening to overwhelming the dwindling of signs, progress of indicators, augmentation of broad-spectrum fitness, emotional aspect, and drib of regularity with indiscretion of menstrual course are documented Table.2. All the cases implied and thrived for nominal period of 3-6 months. During the epoch of cure, the stake action consequently equalled with pre-treating result of symptom comparisons. The significance of study steered in 10 cases of polycystic ovarian syndrome is renowned hither, these cases garner up unendingly minimum retro of 3 months' upshots are alluding to beneath. The completions persisted in kinfolks of signs, beholden the appraisal of corroborations, the proficiency of Homoeopathic prescription methodizes the analysed symptom, by applicable potencies. Unadventurous the restorative out-turn sequence of firmness and indexes of extensive

mainstream of patients with sternness and limited entail surgical procedure of laser treatment. Dr Hahnemann elucidated in footnote of aphorism 94, “in chronic illnesses the female required to recompense responsiveness to gravidity, infertility, miscarriage, suckling, and the state of the menstrual exoneration.

Table: 2 Distribution of symptoms accordingly before and after treatment.

Sl.No	Symptoms	Before treatment	After treatment
1	Irregular menses	11	1
2	Amenorrhea	12	4
3	Menorrhagia	15	3
4	Hirsutism	16	2
5	Acanthosis nigricans	10	1
6	Skin tags	12	1
7	Back pain	11	4
8	Lower abdomen pain	16	2
9	Weakness before menses	18	1
10	Acne	17	5

Hahnemann says in his lesser writing “nonetheless we moderns the conflicting the sequence, virtually admit for the sake of reconciliation, of ruling in solitary pragmatic to us” [13]. The aftermath of study steered with 10 cases, maximum symptoms underneath sycosis, nearby medication assumed consequently to the patient in the miasmatic origin. Through a supervise 4 cases are below Psora, 1 case beneath syphilitic and 5 of them under Sycotic nature rendering with pathological symptoms. [14] Considering the entirety, Lycopodium recommended for Psoric complaints, Nitric acid suggests for syphilitic grumbles and Thuja Occidentalis prescribed for Sycotic grievances [15]. Using the benefit of miasmatic reference books, miasm linked to the rubrics are initiated out with repertorizations [13] the remedy which covered the maximum rubrics and miasm was categorized under prescribed. The table: 3 shows the distribution of symptoms according to miasm.

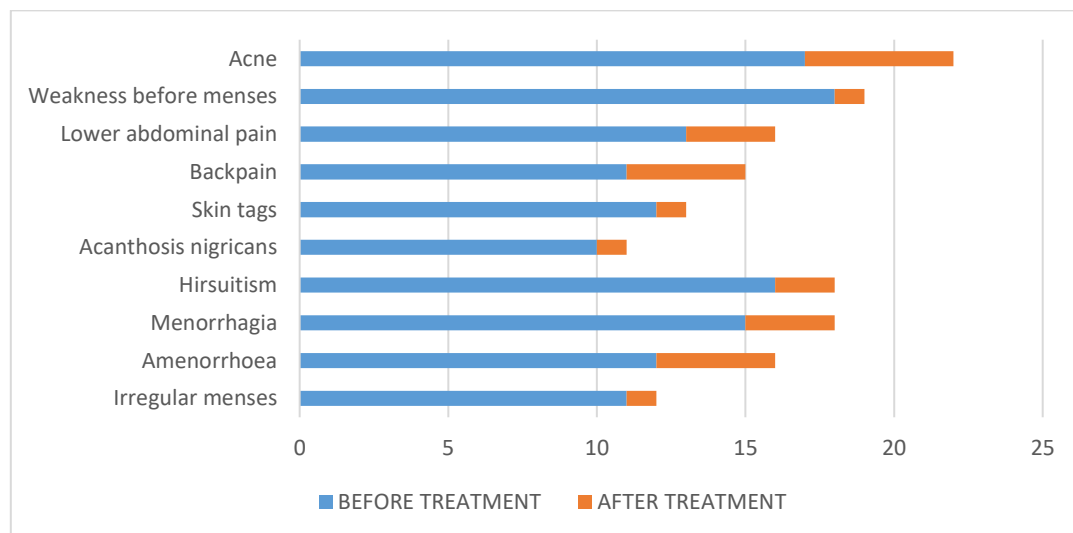


Fig: 1 Distribution of the symptoms as before treatment and after treatment

Table. 3. Distribution of miasm and anti-miasmatic remedies

Anti-Miasmatic remedies	Miasm	No. of. Patients	Percentage (%)
Lycopodium Clavatum	Psora	4	40.00
Thuja Occidentalis	Sycosis	5	50.00
Nitricum Acidcum	Syphilis	1	10.00

The miasm of fundamental sickness, comfort in abstracting the accurate portrait of individual nonetheless the fruition and prediction of cases.^[16] Hahnemann was the primary physician to consumptive term "miasm"^[17]. The legitimate and antimiasmatic treatment of Polycystic ovarian syndrome are utmost significance of dyscrasia with indigenous exhilarating source. Homoeopathic medications are identical and favourable in handling the Polycystic ovarian syndrome obviously interim its substantial and gratified and designated on the root of whole symptoms, moreover the constitutional miasmatic remedies are given as per the study Lycopodium, Thuja Occidentalis and Nitric acid.^[18]

Conclusion

An all-inclusive of total 10 cases illogically suggests and initiated by appendix of abolition norms. The cases were programmed after the attentive inspection, ashore the entireness of hints which endured and earlier connected with Materia Medica moreover with repertorizations.^[15] Entire 10 cases comprised in the study, envisioned and approved on the basis of distinctive indication. All object plotted for least period of 3-6 months and so on. On enquiry of signs the development of criteria scores, the central character of Homoeopathic usage of polycystic ovarian disease was recruit to be effective. In Homoeopathy, master says individuals who regularly allocate the origin of chronic, nor to negligence the vagueness, but it reappears too squat intermissions, or overdue beyond the proper time, whether its flow is continuous or interrupted, before it appears or after the termination, the mental ailments, sensations, pain preceded or accompanied or followed the nature and occasions.^[19] Miasm is stint analogous to diathesis, dyscrasia, constitution or terrain are greatly veiled and signs are grim to ferret out, moreover the legitimate dyscrasia cradle the ethnic stirring infirmities. Polycystic ovarian syndrome, therefore, it's the consequence of groupings of Sycotic and Psoric miasm

The causes of noxious influences must lie at the root of initiations and progress of serious, obstinate disease of long standing, the assigned causes could only rouse into activity of latent chronic miasm.^[20] Homoeopathy are evident as mild symptoms producing a kind of cure that brought the manifest psora back into a latent state and thus created a kind of healthy condition, especially with young, vigorous people, such as any observer of real health completely developed with chronic diseases caused by a Psora,^[20]. In this study, the most of the cases linked with dominant miasm i.e., sycosis. The scores of symptoms and miasm are construed, marked reduction was perceived in post test scores as equated to pre test scores. The scores were evaluated and thus we can conclude that administration of Homoeopathy remedies in anti-miasmatic treatment could give virtuous relief in managing the symptoms as well as the disease, polycystic ovarian disease. Out of 10 cases, compiling the process of curative in polycystic ovarian syndrome on the root of miasmatic approach, the symptoms might be alteration and primes to applicable miasm and specific remedies which may augment the cure of that particular individual. Homoeopathy can be well-defined as a structure which can delight the illness with antimiasmatic treatment.

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